

Lavender-Rose Luxury Bath Melts

Make this easy-to-make, aromatic "Lavender-Rose Luxury Bath Melt" for a pleasing moisturizing and relaxing experience in your tub.

Ingredients

Ingredient	Wt, % (as is)	Function
Refined Shea Butter*	50.0	Emollient
Coconut Oil*	12.5	Secondary Emollient
Dried Rose Buds*	6.25	Additive
Lavender Buds*	6.25	Additive
Epsom Salt*	7.25	Additive
Baking Soda	12.5	Additive
Lavender Essential Oil	12.5	Additive

Add Preservative, Dye, Fragrance q.s.

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Mixing Procedure

In a mortar and pestle, grind up the dried rose and lavender buds. In a separate suitable vessel equipped with heating capabilities such as a double boiler, add Shea Butter then heat on low stirring occasionally until completely melted. Add Coconut Oil and stir until melted and homogeneous. Add the rose and lavender buds and stir for 1 minute then remove from heat for 5 minutes. Add Epsom Salt, Baking Soda, and Lavender Essential Oil and mix. Add preservative and dye and mix. Pour into preferred silicone molds and place them in a refrigerator for a few hours. Molds do not need to be large.

Use in warm bathwater. Be careful when stepping in and out of the tub for the moisturizing elements will cause it to become slippery.

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